



# **Subliminal Messages: How Your Subconscious Mind Controls Your Behaviors And Feelings (Mental Training for Winning Book 7)**

*Pierre Provost*

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# Subliminal Messages: How Your Subconscious Mind Controls Your Behaviors And Feelings (Mental Training for Winning Book 7)

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## Subliminal Messages: How Your Subconscious Mind Controls Your Behaviors And Feelings (Mental Training for Winning Book 7) Pierre Provost

Subliminal influence and persuasion: How to get everything you want from yourself

- Do Jingles And Words Affect Your Mind
- What are Embedded Messages?
- What's Your Line?
- Words That Represent Different Experiences
- The Verbal Self-Probe
- The Words You Use With Their Meanings
- How Do Words We Consistently Hear Limit Our Experience
- How You Can Use Words To Help Others
- What Are Insert Supers

### Reviews

“Mental Training for Winning series by Pierre Provost is such a brilliant look at the truth of how we have been allowing the media to program us and how to turn this around to the positive in your life. so much research has gone into this by Pierre and I became the student once again. I have been teaching for many years how the mind thinks in pictures, therefore to change our lives we must visualize and change the pictures and most definitely be wary of what we watch on Tv as the subconscious thinks it is real. if you are serious about creating a successful life please do your self a massive favor, and leap ahead in consciousness and success by tuning into your genius within.” ~ Michele Blood, creator of musivation

“What a fascinating concept! It seems so obvious to parallel television with a self-development theme, yet this is the first time I have read of it. You have some very powerful introductions that lead me into the Mental Training for Winning series and kept my interest when I only intended to skim read it. As a writer and conceptualist, you have one great product there.” ~ Ken Silver, The "How-To" Guru!”

"You've read the self help masters. Now, here is everything you need to know about building the life you want and following your dreams. Pierre Provost generously gives us a comprehensive Mental Training for Winning Series. "Mental Training for Winning Series" has it all! This eBook is a must for any personal development library." ~ Steve Goodier, creator of "Life Support System" with more than 150,000 ezine subscribers and best-selling author of Lessons of the Turtle, One Minute Can Change A Life and Living Right Side Up.

“Very nice book. You've done a very thorough job. I especially like the the fact that you're giving people tools they can use to take charge of their lives, rather than just a lot of theory.” ~ Jim Donovan, author, “This Is Your Life, Not A Dress Rehearsal”

“Pierre's insights will be useful to you if you want to change the way you look at your life and work. Use these simple yet powerful concepts in the Mental Training for Winning Series to change the way you see

your life.” ~ Noah St. John, author of Permission To Succeed: Unlocking The Mystery of Success Anorexia

“I read your Mental Training for Winning Series and was impressed with the wealth of information you share. I recommend your eBooks, Mental Training for Winning Series, to anyone who wants to achieve peak performance.” ~ Robin Sharma, Best-Selling Author of the best-selling book, The Monk Who Sold His Ferrari

All the eBooks in the Mental Training for Winning series are intertwined to give you the secret to personal success and excellence. When you use the skills and connect the dots in each eBook the magic will work its miracle.

About the author

As a NLP practionner, teacher, sport psychologist, and mental coach, Pierre Provost has helped thousands of athletes achieve peak performance. With his Mental Training for Winning series, he gives you the tools and techniques you must use if you want to improve your personal and professional skills and join the ranks of the best in the world.

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### **From reader reviews:**

#### **Kathy Woodward:**

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#### **Sue Joseph:**

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