



# The Power Of Truth - The Four Simple Questions Of Byron Katie

*Moritz Boerner, Agnes Liebhardt, Agnes Liebhardt*

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## Book:

This book can change your life forever.

This is the story of what it means to use the four questions of The Work in order to find the ultimate truth within you and nobody else.

When Moritz Boerner first met Byron Katie and her wonderful and simple method in Munich, it sparked off a love affair that continues to this day.

In Part One Boerner tells his story with Byron Katie, in Part Two he shows 144 enlightening workpieces about all realms of life.

These short dialogues show, how people are able to correct their way of thinking in order to be healed.

## Contents:

**Part One – My Story.** The Rent Increase: My First Work Session, The Zen-Master, This woman drives me crazy, The Final Turnaround, The Treasure in the Desert.

**Part Two – Our mind's story.** Abandonment, Abortion, Abortion (2), Abuse, Acceptance, Age (1), Age (2), Alcohol, Aloneness, Ambition, Anger, Appointments, Appreciation, Arrogance, Beauty, Betrayal, Body, Body (2), Boredom, Boundaries, Burden, Cancer (1), Cancer (2), Children (Responsibility for), Children (Unwanted), Christianity, Control (1), Control (2), Couples, Creation (Reality), Creation (Thoughts), Criticism, Death (1), Death (2), Decisions (1), Decisions (2), Destruction, Disability, Dirt, Discussions, Dishonesty, Disturbance, Dogmatism, Ego, Emotions, Enemies, Enlightenment, Environment, Ethics, Evil, Expectation, Exposure, Fear (1), Fear (2), Fight, Freedom, Future, Garbage, Goals, God, Grief, Guilt, Hate, Helplessness, Here and Now, Home, Hope, Humility, Hunger, I (Who am I?), I (Does it exist?), Ideals, Illness (1), Illness (2), Intolerance, Jealousy, Judgment, Justice, Karma, Know-it-all, Lawnmowers, Laws, Laziness, Letting go, Love (1), Lying, Magic, Meaning of Life, Mess, Mistakes (1), Mistakes (2), Money, News, Noise, Ownership, Pain (Emotional), Pain (Physical), Pain (Primal), Parents, Past, Pining, Politics, Poverty, Pressure, Problems, Profession, Promises, Rape, Relationship (1), Relationship (2), Rules, Respect, Responsibility, Righteousness, Savings, Scotch Tape, Security (Material), Self-criticism (1), Self-criticism (2), Self-destruction, Selfishness, Sensitivity, Sex (1), Sex (2), Show-off, Sin, Sleep, Society, Soul, Spirituality, Stupidity, Suffering, Superstition, Support (1), Support (2), System (Being at the mercy of), The Work (1), The Work (2), Thinking (1), Thinking (2), Threat, Time, Travel, Truth, TV, Understanding, Violence (1), Violence (2), Waiting, War, Weight, Wishing, Work, World.

## Author:

Moritz Boerner, born 1945, is a movie maker, journalist, author, therapist, artist and programmer. He first became acquainted with Byron Katie at a workshop in Munich and he has since accompanied her and observed her work. His most important published works are: "Byron Katies The Work", "The Chance Aids", "Hypnose und Suggestion", "Das Tao der Trance", "Gemeinsam Lieben" as well as "Weisheit aus dem Unbewussten". He also programmed software for inner growth, like "MagicWorks" and „Using What Is“. Movies: "Abenteuer meiner Seele," "Catch Your Dreams..."

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