

# The Parent's Guide to Down Syndrome: Advice, Information, Inspiration, and Support for Raising Your Child from Diagnosis through Adulthood

Jennifer Jacob, Mardra Sikora

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Help your child succeed and thrive!

As a parent of a child diagnosed with Down syndrome, you may be feeling unsure of what to do next or where your child's journey will take you. In this book, authors Jen Jacob and Mardra Sikora share their experiences and guide you through life with Ds with expert advice from diagnosis to adulthood. Each page teaches you ways to support your child through major milestones; nurture their development; and ensure that they succeed behaviorally, socially, and cognitively. You'll also find valuable information on:

- Sharing the news with loved ones
- Transitioning into primary school
- Developing your child's social skills
- Discussing future opportunities, including employment and housing options

With *The Parent's Guide to Down Syndrome*, you will have the tools you need to raise a happy, healthy, and thriving child.



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