



# Luscious Chocolate Smoothies: An Irresistible Collection of Healthy Cocoa Delights

*Gabriel Constans*

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Luscious Chocolate Smoothies is a delicious collection of recipes that combines the rich, intoxicating taste and benefits of dark chocolate, with a tantalizing balance of fruits, nuts, tofu, liquor, juices and other unique combinations to create cool, refreshing, mouth watering drinks for all ages. The book is interspersed with chocolate anecdotes, humor and history, as well as tips for blending and information on its vivacious ingredients. Discover the connection between love and chocolate; delve into The Hurricane, Coyote's Howl or The Nutty Professor; and blissfully empty every cup to the last drop.

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