



Goodbye, Mr. Wonderful: Alcoholism, Addiction and Early Recovery

Chris McCully

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Alcohol thought Chris McCully was Mr. Wonderful. When Chris was drinking, he sometimes thought so too - Mr. Generous, Mr. Witty and Charming, Mr. Champagne. But there are other labels - 'chronic alcoholic' (all over the medical notes); 'high risk offender' (in the court record). Goodbye, Mr. Wonderful gives a detailed account of the early stages of recovery from alcoholism. From his admittance into hospital to his life as a writer in the Netherlands, McCully offers a detailed and often analytical reflection on what it feels like to be a recovering alcoholic. There is no cure for alcoholism, but there is daily management, and there is hope. This is a book for anyone who wishes to understand, or wishes that someone else could understand, the process of healing from addiction.

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