



# Brief Counselling in Schools: Working with Young People from 11 to 18

*Dennis Lines*

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## **Brief Counselling in Schools: Working with Young People from 11 to 18** Dennis Lines

Steeped in vivid case examples, therapeutic dialogue and points for reflection, *Brief Counselling in Schools, Third Edition* is a highly practical and accessible guide to helping and supporting young people experiencing difficulties both at home and at school or college. Covering issues from low self-esteem and sexuality, to substance misuse and aggression, Dennis Lines draws on a method of brief integrative counseling to illustrate how a time-limited therapy can work effectively in an often pressured and time-limited setting.

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