



# Ready, Set, Green: Eight Weeks to Modern Eco-Living

*Graham Hill, Meaghan O'Neill*

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The time to save the planet is now.

*Ready? Set? Green!* Living green means reversing climate change, but it also means protecting your kids and pets, improving your own health, and saving money. And it doesn't necessarily demand a radical overhaul of your life—just some simple adjustments, such as switching to healthier cleaning products and driving fewer miles each week.

Written by the visionaries at Treehugger.com, the most heavily trafficked site of its kind, *Ready, Set, Green* is the definitive (and recyclable) guide to modern green living. It offers solutions to make your home, office, car, and vacation more eco-friendly. For example:

- Using a dishwasher instead of hand washing will save you 5,000 gallons of water annually.
- Eating less beef will save you 250 pounds of CO2 per year.
- Washing your clothes in cold water instead of hot will save 200 pounds of CO2 annually.
- Replacing three of your home's most frequently used lightbulbs with compact fluorescent bulbs will save 300 pounds of CO2 every year.

Including advice on how to properly insulate your house, cancel junk mail, and choose fruits and veggies wisely, *Ready, Set, Green* will help you change the future of the planet and restore balance to your daily life.

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#### **Jackie Frost:**

Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you could have done when you have spare time, after that why you don't try matter that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Ready, Set, Green: Eight Weeks to Modern Eco-Living, you are able to enjoy both. It is good combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout men. What? Still don't have it, oh come

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