



Urtica (Medicinal and Aromatic Plants - Industrial Profiles)

Gulsel M. Kavalali

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Since ancient times Urtica species have been used in herbal remedies as an expectorant or diuretic, or for the treatment of eczema, rheumatism, haemorrhoids, and ulcers, and the nettle continues to be an important medicinal plant up to the present day. This volume explores the historical and modern uses of the Urtica genus. It provides an account of the botanical aspects of the genus and a comprehensive review of the recent research into its biologically active constituents. This absorbing and all-encompassing exploration of the medicinal potential of Urtica is useful to herbalists, health scientists, botanists, and researchers in the pharmaceutical industry.

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