



The Door of Liberation: Essential Teachings of the Tibetan Buddhist Tradition

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The Door of Liberation: Essential Teachings of the Tibetan **Buddhist Tradition**

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This book contains seven fundamental Buddhist texts considered essential to Western students by Geshe Wangyal, who first brought Tibetan Buddhism to America. Ranging from early scriptural sources to meditation and visualization guides of Tibetan Buddhist practice, this is indispensible reading for those interested in opening the door to the highest realms of freedom, wisdom, and compassion.



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