



Breath The Ultimate Secret to Life

M. Rose Windels

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Millions of books have been written on how to become rich and the secrets on the Law of Attraction. This book gives away the secrets on how to outlive all the possible money in the world in a healthy, beautiful, and enlightened body. With a little chance and a good breath, you might be on your way to be physically alive forever. The tool is nothing else but your own inexpensive breath you always have at hand. If you do at least twenty sessions of conscious, connected breath work, or rebirthing, the art of creative living in harmony with all there is, and this with a professional rebirther, you will learn the ultimate purification technique to live a long, healthy life. In *Breath: The Ultimate Secret to Life*, you read M. Rose Windels's stories about her clients and rebirthing, conscious connected breathing, different purification techniques, and her vision on being physically alive forever! You meet her clients as they come in and read their interesting stories about their experiences with the process of conscious connected breathing or rebirthing. She goes in depth when she talks about earth, air, water, and fire as tools to keep you healthy. You get the story of a rebirthing session, with her philosophy about death, the philosophy of life, and the eventual ultimate goal of staying physically alive forever. What stops you from also being "ALIVE FOREVER" Actively practicing the purification techniques can prolong your life.

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