



Youth Football Skills & Drills: A New Coach's Guide

Tom Bass

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One of the NFL's leading coaches helps you improve your players' techniques and your team's performance

Building on the phenomenal success of the Baffled Parent's series, this comprehensive resource helps you expand your teaching skills and improve your players' performance and enjoyment. It's equally indispensable for parents thrust into coaching, former players taking on their first coaching assignments, and veteran coaches.

This great guide features:

- Tackling and catching drills for the entire team
- Group and team drills for offensive, defensive, and special team situations
- A unique system of paired drills and instruction for wide receivers and defensive backs; linemen and tight ends; and running backs and linebackers
- Photographs and diagrams that simplify the coaching process

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