



Best Friends: The Pleasures and Perils of Girls' and Women's Friendships

Terri Apter, Ruthellen Josselson

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Best Friends provides the missing link to understanding and recognizing the impact of some of the most important relationships in girls' and women's lives.

Every woman remembers the sting of betrayal of a girlfriend, and every parent of a daughter has seen her come home from school in tears because a girl she thought was her best friend suddenly and inexplicably became her enemy. While boys hash out differences with fists and kicks, girls' societies are marked by secrets and whispers and shifting affection. The lessons learned as an adolescent girl are often carried into adulthood, making women fear confrontation--especially with other women. But the intensity of the struggles reflects the support and healing to be found within these friendships. Girls find themselves in the mirror of other girls, hence the power each has to influence the other.

Ruthellen Josselson and Terri Apter's many years of working with hundreds of girls and women have given them insight into the emotionally important relationships that are integral to a girl's self-image. Best Friends explores the bonds of friendship between girls and between women and the sorrows and joys they experience together, from early adolescence and throughout their lives.



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