



What Works for Whom?, Second Edition: A Critical Review of Treatments for Children and Adolescents

*Peter Fonagy PhD, David Cottrell, Jeannette Phillips MB BS MRCP(UK), Dickon Bevington BA MB BS
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The standard reference in the field, this acclaimed work synthesizes findings from hundreds of carefully selected studies of mental health treatments for children and adolescents. Chapters on frequently encountered clinical problems systematically review the available data, identify gaps in what is known, and spell out recommendations for evidence-based practice. The authors draw on extensive clinical experience as well as research expertise. Showcasing the most effective psychosocial and pharmacological interventions for young patients, they also address challenges in translating research into real-world clinical practice.

New to This Edition

- *Incorporates over a decade of research advances and evolving models of evidence-based care.
- *New chapter topic: child maltreatment.
- *Separate chapters on self-injurious behavior, eating disorders, and substance use disorders (previously covered in a single chapter on self-harming disorders).
- *Expanded chapters on depression, anxiety, and conduct disorder.
- *Includes reviews of the burgeoning range of manualized psychosocial "treatment packages" for children.

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