



# The Eat-Clean Diet Stripped: Peel Off Those Last 10 Pounds!

*Tosca Reno*

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## **The Eat-Clean Diet Stripped: Peel Off Those Last 10 Pounds!** Tosca Reno

Getting rid of the last 10 pounds is the hardest part of losing weight because your body wants to hang on to them. So many people exercise and eat right, but those pounds refuse to budge and they have no idea why! Author Tosca Reno shares the slim-down secrets of fitness models and celebrities, teaching readers how to finally lose that last 10 pounds and keep it off for good. Bonus! 50 new Eat-Clean recipes!

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