



Short-Term Play Therapy for Children

Heidi Gerard Kaduson, Charles E. Schaefer

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Play therapy can be enormously beneficial to children facing a wide range of psychological problems and stressful life situations. This practical volume presents a variety of play approaches that facilitate children's healing in a shorter time frame. Equally valuable for clinicians in private practice and those working within managed care, the book describes effective short-term methods for treating individual children, families, and groups. Chapters feature session-by-session guidelines and lively clinical illustrations that bring diverse techniques and theoretical orientations to life.

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